

HEALTHY OPTIONS

SUMMER GRILL

Juicy Carne Asada served with flame-grilled zucchini, roasted mushrooms and tomatoes. Served with a small ensalada of fresh greens, corn and sweet peppers with a touch of lime. (You may substitute Pollo Asado for Carne Asada)

*Gluten Free 13.50 cal: 681 Sub chicken cal: 618

MEXICAN BLACKENED SALMON TACOS

Grilled, wild salmon blackened with Mexican spices served atop corn tortillas, shredded cabbage, and Pico de Gallo con Chayote. Garnished with avocado and radish slices and served with arroz amarillo, black beans and salsa mexicana.

*Gluten Free 16.95 cal: 752

CHILE POBLANO CON POLLO

Pasilla chile filled with grilled chicken, chayote, onions, yellow squash, tomatoes, carrots, yellow corn and black beans in a tomatillo salsa and topped with a sprinkle of Cotija cheese. Served with a concha of black beans and a small ensaladita of cabbage and jicama. *Gluten Free 12.95 cal: 430

ENSALADA IGNACIO

Grilled chicken, avocado slices, tomatoes, queso Cotija, thin red onion, and served with a spicy chipotle ranch dressing. *Gluten Free 13.95 cal: 510

SALMON CON VEGETALES

Grilled, wild salmon served over a bed of fresh, sauteed yellow and green squash, red onions, sweet bell peppers, carrots and celery. Served with avocado and lime wedges with a sprinkle of Cotija cheese. *Gluten Free 16.95 cal: 520

